

# The Art of Connecting Well: A Workshop for Couples

\$149/couple; Call for future dates

You fell in love. You courted. Now you're in a committed relationship. Over the years, connecting with each other has become simple and smooth, right? Well, maybe not. Even established couples can stumble when trying to initiate some form of intimacy or connection. Whether it's a moment of seduction, the start to an intimate conversation, or the desire to re-connect at the end of a busy day, the rules for connecting well are the same. Doing so is an art—one that requires both clear verbal expression as well as subtle and elusive nonverbal language.

And remember the differences that seemed so fascinating during courtship? Over time, in the day-to-day rhythm of the real world, they may have become annoyances, or even points of conflict. Whether its daily rhythms, sexual styles, attitudes toward housework, or financial strategies, most couples find their differences to be problematic. The challenge becomes being different without being disconnected.

This educational workshop will explore the art of connecting well. It will also address how effective ways of navigating differences can support rather than sabotage connection. In today's busy world, with seemingly so little time, the importance of connecting well is even greater. Knowing how to do so is a critical skill that helps a relationship flourish. Through presentation, discussion, role play, demonstrations, and time with your partner, you'll learn new ways to make your differences less distracting and your attempts to connect with your partner more effective and more fun!

## About the presenters:



### **Susan Scott Hennings, M.A., LMFT**

(408) 566-3061 - [SusanMFT@aol.com](mailto:SusanMFT@aol.com)

Susan is a Licensed Marriage Family Therapist with a private practice in San Jose. Since 1992, she has helped clients enhance communication and relationship skills in a collaborative and supportive environment. Susan particularly enjoys the energy and complexity of couples and helping them to create more satisfying relationships. Since 1994, she has trained with Drs. Ellyn Bader and Peter Pearson, and is on staff at [The Couples Institute](#) in Menlo Park. In addition to ongoing consultation, Susan assists Dr. Pearson at the "Coming from your Heart" weekend workshops. Susan's special interests include clients who face the challenge of a divorce or becoming a blended family, those healing the aftermath of an affair, and clients with sexual concerns. A longtime sex educator and popular presenter, Susan leads workshops on intimacy and sexuality, and is an Adjunct Faculty member at Santa Clara University, where she teaches human sexuality to Counseling Psychology graduate students.



### **Jerry L. Talley, Ph.D., LMFT**

(650) 967-1444 - [Jerry@JLTalley.com](mailto:Jerry@JLTalley.com)

Jerry is a veteran of three careers. He was on the faculty of Stanford University for 15 years, teaching courses on work, love, and sex. His second career was 10 years as a marriage and family therapist. Then in 1984, he founded Organizational Diagnostics, a consulting firm specializing in assessment and change planning. He has had over 250 client engagements with companies around the world, but mostly high tech firms in Silicon Valley. Jerry continues to lecture at Stanford on love, flirting, sex and intimacy. His current professional practice is focused on improved problem solving for executives, managers, and even therapists. His work in this area is summarized at [www.ProblemSolving2.com](http://www.ProblemSolving2.com).